

GREETINGS FROM FATHER DAVE

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Lent 2010 Week 1: CREED

Does our Creed *shape* our lives?

Creed comes from “credo” which means literally “what I give myself to”. There is a huge difference between believing something, and believing *in* something or someone! When we talk about creed as Catholics we are talking not just about head knowledge, but also heart. Furthermore, our “creed” is universal (“catholic”) and it is founded on the witness of the Apostles, hence “apostolic”. It has been and is being refined and clarified over 2000 years. God’s WORD is the source of all divine revelation and comes to us in the Bible (the inspired Word of God) and in Tradition (the living witness of Christian Community). These two ways that God’s Word comes to us are never in contradiction and are the fruit of the working of the Holy Spirit—whom Jesus promised to send after his resurrection “to guide us in all truth”.

What it means to believe in the Incarnation

Central to our Creed is our understanding and experience of the Incarnation - “literally the taking flesh of God!” This is the apex of God’s self-revelation. (“And the Word became flesh and dwelt among us” Jn 1:14) Because of the Incarnation our prayer is offered “through Christ our Lord”. This means that we, as the Body of Christ share responsibility for answering those prayers! We don’t just pray that God will miraculously answer them, but we are alert to ways we—as the Body of Christ—can effect change. Incarnation also shapes our experience of God, which is more domestic than monastic: God reveals himself through the ordinary events in our lives. (“Heaven and Earth are filled with the glory of God”). God is not just “out there” or “up there”. Our mission is then to make seen the compassion and love of God as manifest in Christ, in our faces and actions!

How we live the Paschal Mystery

The Paschal Mystery is summed up in an early creed that we know well: “Christ has died; Christ is risen; Christ will come again”. Our lives mirror that creed. Through Baptism we unite our lives entirely with Christ’s: “I no longer live but Christ lives in me.” Gal. 2:20). Every time we have to die to self, suffer, face trials, we have opportunity to unite with Christ—in his dying *and* in his rising to new life. “Offer it up” spirituality comes directly from the Paschal Mystery, the full form of which would be stated like this: “Offer it up, in union with Christ’s death and resurrection, for the salvation of the world”. Christ-followers should not be surprised or caught off guard when we encounter the cross. It is the central mystery of our faith!

Suggestions for “homework” this week

Try 3X this week doing some substantial study of Catholicism. Here are a few recommendations: Catechism of the Catholic Church, Handbook for Today’s Catholic, How to Survive Being Married to a Catholic (excellent overview of Catholicism!). All these are available at Blessings from Heaven, the Catholic bookstore in downtown Beaverton.

Or browse these websites: All have huge amounts of information on them.

www.AmericanCatholic.org (click on “update your faith”),

www.usccb.org (official site of US Bishops),

www.bustedhalo.com,

www.disciplesnow.com.

After your study time, pause and write down 2 things that really stand out from what you learned. Share those with someone else as a way of making them “stick”!

This week funeral services were held for Alice Cummings, Hazel Rogers, and Marcelina Abuan.

The following children were baptized Naomi Anderson, Josie Vithayathil, Michael Ermita, and Selamu Sherman.

BRETT'S TWO-CENTS - Fasting

So about a week ago, somebody asked me about fasting – why do we do it? Great question! First, let me say why we do NOT do it: we don't fast in order to earn God's forgiveness or favor (God's grace is exactly that – grace, *gratia*, that which is freely given), nor do we do it to punish ourselves. Traditionally, there have been at least three reasons given for fasting: strengthening our ability to say no to ourselves, purifying our hearts, and increasing our solidarity with the poor.

The connection between fasting and strengthening our ability to say no to ourselves is fairly obvious. If I can learn to say “no” to one of my most basic needs, the need to eat, then hopefully that will create a habit of will that helps me say no to other things in my life as well, things that get in the way of my love for God and neighbor. I don't like to be hungry, but if I can say no to myself when I am hungry, then maybe I can also say no when I'm feeling angry, hurt, lazy, spiteful, etc.

Fasting can also help purify our hearts. Being physically hungry can help put us in touch with our spiritual hunger, a hunger that can only be satisfied by God. I've often found that fasting will raise up in me feelings of annoyance, impatience, anger, craving etc. I used to use this to justify not fasting, i.e., I would tell myself that God doesn't want me to be miserable, so if fasting makes me miserable, then don't do it. I once mentioned this to a wise old

friend, who then suggested, “Maybe you should ask yourself WHY you feel miserable, annoyed, impatient, angry...” Darn those wise old friends! Fasting means one less way to distract myself from my basic human incompleteness. I don't like being faced with that incompleteness (hence the miserableness), but the only way I can only offer it to God and allow him to transform it is if I am first in touch with it. Fasting puts us in touch with it.

Fasting creates solidarity with the poor. Hopefully my going hungry for a few hours, through my own choice, helps me to think about those who go hungry for days, weeks, months, even years, through no choice of their own. St. Augustine and others suggested allowing our fasting to create in us compassion for the poor, a compassion that becomes concrete when we take the money saved from our fasting and use it to relieve the needs of the poor.

As with all the spiritual disciplines, fasting needs to be done with regard to our particular situation in life. The idea is not to make it as rigorous as possible in order to say, “Look how well I'm able to deny myself!” The idea is to provide an opening, to create some space, even just a little space, into which God may enter in order to continue transforming our lives. One really good resource if you'd like to read more is Richard Foster's *Celebration of Discipline*. Okay, I'm out of space – a very blessed Lent to all you!

Holy Trinity Ministries

PRE-PLANNING SEMINAR

Representatives from Mt. Calvary Cemetery will be offering a presentation on preplanning funerals on Wednesday, February 24th at 11:30 in the Chapel. Join us for this information session and then enjoy the Senior Luncheon downstairs in the Fireside Room.

SENIOR LUNCHEON:

The next Senior potluck luncheon is Wednesday, February 24th at 12:00pm. Please bring a dish to share. For questions – call Kathy @ 503-614-9724.

MEN'S RETREAT

Saturday, February 27th beginning with breakfast in the Cafeteria at 8:30am followed by talks on the theme: “Spiritual Weight Training”. Deacon Brett will be the keynote and several others are slated to share reflections. The morning will conclude with Mass. The retreat is free of charge with donations being taken to cover the cost of breakfast.



HEALTH MINISTRY

Learn about the state of your HEART and what you can do to live better. Take the My Life Check Assessment <http://www.mylifecheck.heart.org/>

WIDOWED? DIVORCED?

Are you or someone you love, recently widowed, divorced or separated? *Coping with Life Alone*, is being offered on Monday evenings from 6:30 to 8:30pm in Fireside Room 3. Contact Judy: 503-930-3912 or Margi: margi8280@comcast.net for more information.



STEPHEN MINISTRY

“You can't continue to live alone anymore.” What am I going to do? I have always taken care of myself, been involved in caring for others, now I have to live with family or move into an assisted living facility. I don't want to give up my independence. Let a Stephen Minister share this difficult time with you. Leave a message at 503-924-3055 and a Stephen Leader will contact you.

Holy Trinity Faith Formation

Children's Faith Formation

Preschool 3yrs - 5th Grade & Sacramental Preparation
Melissa Core ~ 503.643.9528 ext 200
melissa@h-t.org

BAPTISM CLASSES FOR CHILDREN & YOUTH

Classes for children and youth in 2nd - 12th grade who have not yet been Baptized will begin on Sunday, February 28th. If your child needs to be baptized please contact Melissa BEFORE Wednesday, February 24th to sign-up.

Middle & High School Ministry

Middle School 6-8 Grade High School 9-12 Grade
Confirmation (grades 9-12)
Erin Nieves ~ 503.643.9528 ext 126
erin@h-t.org

Praise and Worship – Sunday, February 21st.

Plan to arrive at our normal time at 6:30 PM in the Fireside Room. We will begin our evening writing thank-you notes to Alter Wiener to show our appreciation for his visit. Remember, we finish with Root Beer Floats! Yes, it's Lent, but we will honor our tradition even during Lent because Sunday is a feast day. Come Sunday and we'll tell you more about Lent and why we can do that!

REMINDER: For those of you who did not pick up your Confirmation certificate, we have them for you in our parish office.

Young Adults

Anna & Gerard DeBlois ~ 503.319.1877
Anna.kathleen.deblois@gmail.com

Bible Study with Girl Talk, What could be better? A unique group for women wanting to be women in the light of God's Grace. Married women... take a night out with the girls! Single women...take a night to rejuvenate your faith. Friday February 19th, 7:00 to 8:30 pm for the meeting to 10 pm for games and chatting and such. *RSVP to Jessica Crenshaw jessicac@mcfpx.org, (503) 906-0794 for address and directions.*

WINE TASTING

Ever wanted to taste wine in a supportive and non-pretentious environment? Join fellow young adults on Friday February 26th for a fun time trying wines from different wine shops throughout Portland. NOTE: Age 21 & over please. RSVPs are required, please RSVP to Kristy at: kristyb@mcfpx.org. As a courtesy, RSVP only if you plan to attend as it is required to get the address to the wine shop and other pertinent details.

Adult Faith Formation

Brett Edmonson ~ 503.643.9528 Ext 125
Brett@h-t.org

This week in RCIA:

We've finished talking about the importance of the Mass; now it's off on a tour of the Mass. Come join us Wednesday at 6:30 p.m. We'll meet right away in the daily Mass chapel.

Holy Trinity Catholic School
Brenda Martinek ~ Principal
www.htsch.org ~ 503.644.5748
Parent's Association ~ Monica Henry 503.641.2706

MANY CULTURES ONE FAMILY

Last Sunday, February 14th many of our students and their families celebrated Chinese New Year with events that included dancing, food, good wishes and preparation. At Holy Trinity we are blessed with families who are willing to share their cultural heritage with our students. In 2nd grade J.P. Cooper's family brought enrichment and learning to his classroom with books, gifts and personal sharing about their family's traditions and the significance of Chinese New Year. At Holy Trinity we celebrate the rich diversity of our family.



Holy Trinity Ministries

Other Community Events



COMMUNITY OUTREACH

Kathy Brasington ~ 503.641.1842
Communityoutreach@h-t.org
Tuesday, Wednesday & Friday 10:00-12:30
Holy Trinity Food Closet is an Equal Opportunity Provider.

The Food Closet has information on many organizations that distribute, clothing, household items, and furniture for free to the recipients. We also have information about other social service needs. Please call Kathy if you have items to donate.

We ask any Parish member who is in need of assistance to please call Kathy for a private and confidential food distribution or other help.

Food Needs

Soup - Chili - Spaghetti -
Canned pears - Fruit cocktail



Grief Recovery Weekend

Are you grieving the end of a marriage from a death or a divorce? A grief recovery retreat for the widowed, separated and divorced will be held the weekend of March 5-7 at The Griffin Center in Milwaukie. Registration by March 2 is recommended. The cost of \$195 includes lodging for 2 nights in a double room, meals and resource materials. Special arrangement may be made for payment, and partial scholarships are available. Please contact Margi Harp at 503-390-7971, margi8280@comcast.net for more information. Additional information may be found on the website of International Beginning Experience at www.beginningexperience.org.

25th ANNUAL VISITATION SCHOOL RUMMAGE SALE

Visitation School in Verboort will hold its 25th Annual Rummage Sale on March 4, 5, and 6 at Visitation Catholic Church, 4285 NW Visitation Road, Forest Grove, 97116. Special Events: Early Bird Sale on Thursday, March 4, from 7:30 a.m. to 9:00 a.m. (\$5 entrance fee). Half price sale starts 9 a.m. Saturday; \$3 bag sale from 2:00 to 4:00. For more information visit www.vcsknights.org or call 503-357-6990.

Holy Trinity Faith Formation

Family Faith Sharing Questions

Reflect on these questions with your children and family. Start talking - Share your Faith!

First Sunday of Lent – Luke 4:1-13

Jesus went to the desert alone - to pray, to think and to fast. He was tempted several times by the devil, but he resisted each temptation and proclaimed that God, and God alone, is the Savior. Like Jesus, we will face temptations in our life, and also like Jesus, we must always put our faith and trust in God.

Why did Jesus go to the desert alone? When do you set aside time to be alone so you can think and pray? Could you withstand so many temptations? Why or why not? What are some of the temptations you have faced? What do you think Jesus meant by the words, "One does not live on bread alone?"



Week of February 21st

Daily Scripture Readings

Monday 22 1 Pt 5:1-74; Mt 16: 13-19
Tuesday 23 Is 55:10-11; Mt 6:7-15
Wednesday 24 Jon 3:1-10; Lk 29-32
Thursday 25 Est C: 12, 14-16, 23-25; Mt 7:7-12
Friday 26 Ez 18:21-28; Mt 5:20-26
Saturday 27 Dt 26:16-19; Mt 5:43-48
Sunday 28 Gn 15: 5-12, 17-18; Phil 3:17-4:1; Lk 9:28b-36

Mass Intentions

Saturday 20 5:30pm
Sunday 21 8:00am + Rita Dube
9:30am + Alfreda Gabatan
11:15am Holy Trinity Parish Family
Monday 22 8:15am
Tuesday 23 8:15am
Wednesday 24 8:15am + Floranzio Pimentel
Thursday 25 8:15am
Friday 26 8:15am + Robert Schnider

HT SMALL FAITH COMMUNITIES BLOG

"Disciples on the Journey"

Lenten Small Faith Communities will begin meeting this week for weekly meetings through Lent. Don't miss this opportunity to deepen your faith and share with others.

On-going Small Faith Communities (SFC's)

On-going Small Faith Communities (SFCs) continue to enrich the lives of many at Holy Trinity. Women's Groups, Men's Groups, Mom's Groups, Couple's Groups, Coffee Lovers Groups – we have something for all. For more information on joining a group or starting a new one, contact Ron or Jill White at smallfaithcommunities@h-t.org or 503-292-2626.

Men's Group ~ Chris Gniewosz ~ 503.292.4740
Every Tuesday, 7am
IHOF, Bvtn

Jesus 'n' Java ~ Jill White ~ 503.799.3115
1st / 3rd Monday, 7pm
Panera Bread, Cedar Hills Crossing

God's Girls ~ Janice ~ 503-347-4079
2nd & 4th Tuesdays 7 PM
Fireside Room

Walking With the Spirit
Libbie Allen ~ 503.816.6498
1st Sunday 11am-12:30
Fireside Room 4

Just Living ~ Jill Hertel - hertelj@juno.com
3rd Thursday 7:00pm
Panera Bread, Cedar Hills Crossing

Parish Contact Information

Parish Office

Office Hours: Monday - Friday 8am-3pm
parish@h-t.org

Parish Staff

Pastor: Dave Gutmann Ext. 204
Pastoral Associate & RCIA: Brett Edmonson Ext. 125
Administrative Assistant: Melissa Core Ext. 200
Business Manager: Kenya Palmer Ext. 202
Bookkeeper: Mary Jo Schlosser Ext. 203

Faith Formation Staff

Children: Melissa Core Ext 200
Youth Ministry & Confirmation: Erin Nieves Ext 126
Administrative Assistant: Marianne Schuman Ext 123

Leadership Councils

Administrative Council: Doug Whitney
503.649.4205 admin@h-t.org
Pastoral Council: Alan Koelling
503.626.7985 pastoral@h-t.org
School Council: Shelly Anderson
schooladvisory@h-t.org

Parish Finances Budget Year 2008-2009

Offertory Collection February 14 \$18,682
Weekly goal \$16,981
"How shall I make a return to the Lord for all
the good God has done for me?"
(Psalm 116:1)



Are you new to Holy Trinity?

We want to welcome you to our community. If you are interested in registering here, please ask one of our Greeters for a New Parishioner Packet or you can download a registration form from our website – www.h-t.org. We look forward to celebrating with you.

If you are interested in becoming active in one of our many ministries please contact the coordinator listed for more information or check out the ministry on the website.

Please support the advertisers on the back of our bulletin. It is because of them that our bulletin is printed free of charge every week. Let them know you saw their ad on the bulletin.

Ministry Coordinators

Altar Ministry	Joyce Brantley	503.644.1790
Altar Server Coordinator	Donna Wills	503.642.2906
Altar Servers Trainer	Jayne Scott	503.645.3966
Community Outreach	Kathy Brasington	503.641.1842
CYO Director	Christian Cochran	503.649.0892
Director of Music	Mark Nieves	503.643.9528
Engaged Encounter	Mike & Nancy Fisher	503.591.7123
Eucharistic Ministers	Bruce Waldvogel	503.356.5760
Filipino Community	Franz & Monette Mallari	503.848.6919
First Friday Exposition	Mike & Reme Prusynski	503.627.3073
Funeral Planning	Ann Hammond	503.292.0590
Funeral Receptions	Linda DiFalco	503.579.3030
Greeter Ministry	Al Schmitt	503.590.6859
Health Ministry	Peg Wills	503-642-2293
Homebound	Lois Oswald	503.646.6288
Knights of Columbus	Jim Currie	971.563.3381
Liturgical Arts	Shawn Karakas	503.297-3144
Lectors	Vee Porter	503.516.3140
Marriage Encounter	Dan & Tammy Allison	503.642.5591
Newcomers Welcome	Betty Drilling	503.644.8550
Parish Communications	Steve Karakas	503.297.3144
Parish Social Events	Ray & Julia Lions	503.644.4512
Prayer Requests	Melissa Core	503.643.9528
Prayer Shawl Ministry	Linda Dum	503.642.1168
Respect Life	Erin Dibala	503.646.7615
Scrip	Dawn Scheckla	503.649.5336
Senior Luncheon	Kathy Delach	503.614.9724
Small Faith Communities	Ron & Jill White	503.292.2626
Social Justice	Jerry Osacho	503.520.1638
Stephen Ministry	Marilyn Thomas	503.924.3055
Sunday Hospitality	Fred Schulz	503.643.2101
Wedding Coordinator	Melissa Core	503.643.9528
Young Adult Group	Gerard & Anna DeBlois	503.641.0123