

## GREETINGS FROM FATHER DAVE

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Lent 2010  
Week 4: Prayer

Towards a mature understanding of prayer.

There is a difference between saying prayers and praying. The difference is the level at which the heart is engaged. Prayer is not a giant vending machine - if you just put in enough money you're guaranteed a coke. The purpose of prayer is not to seek "spiritual pyrotechnics" - weirdly supernatural, mystical experiences. It is also not doing "spiritual calisthenics" - which seek to squeeze God out of our soul like water out of a rock. We cannot "domesticate" God and find a formula for getting exactly what we think we need. Instead, Christian prayer is the gradual, ever-deepening awareness of God in ordinary life and our response to His love. Not only do we invite God into our plans, we also ask God what his plans are for us. Prayer is an encounter with our heavenly Father who is waiting for his children to climb into his loving arms. Approaching prayer like a relationship means we must be honest, transparent, and real. As in any relationship, putting on a false front that is not congruent with who we truly are, is not going to work. In prayer we bring our truest self to God, as we are, including fears, embarrassments, shame, joys, concerns, hopes, and interests. God is waiting to be invited into our lives!

Listening to God.

Because prayer is a relationship, it also includes listening. The following is a simple way to approach listening to God.

Read a passage from the Bible or other spiritual reading (ie "Little Black Book" during Lent)

Tell God what you are grateful for in the passage you have read.

Tell God how these words call you to repentance.

Based on what you just read and pondered, what do you want to ask God for?

Learning to listen to God speaking through all the events of each day requires taking time to *reflect*. The word "reflect" means literally "to look at again". In prayer with the help of the Holy Spirit we can "look again" at the events of the day and begin seeing how God is speaking to us. C.S. Lewis states the following:

"God whispers to us in our time of joy,  
Talks to us in our time of prayer, and  
Shouts to us in our time of pain."

Instead of only asking "Why?" when we are in difficult circumstances, try asking God, "What can I learn through this?"

Suggested Homework for the Week.

Take time each day to practice the "listening to God" sequence printed above. If you need to, get up 15 minutes earlier in the morning to do it. Try doing it with a trusted friend. Consider writing down what you experienced and sharing it with someone.

The Funeral Mass for Dina DaSilva will be on Monday, March 15<sup>th</sup> at 11:00am, preceded by Rosary at 10:30. May her soul and all the souls of the faithful departed rest in peace.

## BRETT'S TWO-CENTS

Hello everyone! Wow! After that humdinger of a question last week, maybe we should take it down a notch and try something a little easier this weekend. Ready?

So last weekend at Mass, someone asked me what the words “kyrie eleison” mean (you’ll recall that these are the words that we’re using as we kneel and begin Mass for our Lenten Sundays). And, while we’re on it, they went on, who’s this Agnes Day we keep singing about after the Sign of Peace?

Those of us who are a bit older probably recall both these phrases from the Latin Mass, but for those of us who are younger, “Kyrie eleison” is simply Greek for “Lord, have mercy.” You’ll notice that on Sundays we are chanting “Kyrie eleison” three times, then “Christe eleison” (“Christ have mercy”) three times, then “Kyrie eleison” three times. The *Kyrie* (as it is usually referred to) is very old, going back to around the 7<sup>th</sup> century in our Latin Rite, and even further back in the eastern rites where it was part of a longer litany that was used at the beginning of Mass. As it made its way west, it was usually shortened to three repetitions (Lord have mercy! Christ have mercy! Lord have mercy!) in honor of the Trinity, but, interestingly, the Greek wording was retained (had it been translated into Latin, the language of the rest of the Mass, the words would have been “Domine, miserere nobis”) I think – my Latin’s a bit rusty!.

As for “Agnes Day,” actually the words are “Agnus Dei” (Latin for “Lamb of God”), and the whole phrase is “Agnus Dei, qui tollis peccata mundi, miserere nobis” (“Lamb of God, who takes away the sins of the world, have mercy on us!”). This is repeated twice (at least), and then we conclude with “Agnus Dei, qui tollis peccata mundi, dona nobis pacem” (“Lamb of God...grant us peace!”) Thus, what we are singing is the familiar “Lamb of God” mini-litany that we always do when Fr. Dave breaks the host, only in Latin instead of English.

Some might ask, “Why use Greek and Latin? We’re all English-speakers!” Actually, it’s good and even kind of comforting to incorporate once in a while a bit of the ancient languages in which our liturgy was originally celebrated. It’s a connection with our brother and sister Catholics all over the world, whose liturgies are also translated from the Latin original. And it’s also a connection with all of our Catholic mothers and fathers down through the centuries, who prayed these very same words that we now pray. Truly, the Mass transcends space and time – kind of an awesome thought, isn’t it?

## Holy Trinity Ministries

### LENTEN PENANCE SERVICE

Our Lenten penance service is this Tuesday, March 16<sup>th</sup> at 7:00pm in the Church.

### SENIOR LUNCHEON

The next senior luncheon is Wednesday, March 17<sup>th</sup> at noon in the fireside room. Please bring a dish to share. For questions please call Kathy @ 503-614-9724.

### HANDEL’S HALLELUJAH CHORUS AT EASTER VIGIL

Are you a singer who has sung the Hallelujah chorus? Are you anxious to use those pipes to do it again for the glory of God this Easter? All interested singers are invited to join us for rehearsals on Wednesday's, beginning March 17<sup>th</sup>, from 7:00 - 7:30 PM in the church. All are welcome to sing with us but rehearsal with the group is mandatory. To assist getting yourself ready to sing YOUR PART, here is a link that will help refresh your memory on your particular vocal line: [http://rehearsalarts.com/hear\\_samples.htm](http://rehearsalarts.com/hear_samples.htm)

### JANUS MEAL

This month our homeless youth will be served Hot Dogs with Macaroni and Cheese. You can help by donating any of the following: Hot Dogs, Hot Dog buns, Cans of Chili, bags of broccoli, shredded cheddar cheese, bags of potato chips, fresh fruit, ketchup, mustard, chopped onions, ranch dressing/dip, milk and juice. Always needed: boxes of cereal, cups of ramen, microwave popcorn, hot cocoa, large cans of soup. Please bring your donation to the school cafeteria by noon on Wednesday, March 24<sup>th</sup>. If you have any questions, please call Elaine at 503-297-6067. Thank you and God Bless.

### PARENTS PREPARATION CLASS FOR BAPTISM

Parents and godparents are invited to attend a preparation class for baptism on Monday, April 5<sup>th</sup>, 7 - 8:30 p.m. in the Fireside Room. It is necessary to take one preparation class before baptizing infants and pre-school children. This will be our only class until July. For more information or to register for the class, please call Marianne at 503-643-9528.

## Holy Trinity Ministries

### 2010 HOLY TRINITY FAMILY CAMPOUT

With daylight savings time here, and spring just around the corner, we know you're thinking about getting away for a campout! Please consider joining us for a weekend of fun and fellowship over Memorial Day! Friday evening May 28<sup>th</sup> - Monday May 31<sup>st</sup>, we have a large campsite reserved for Holy Trinity. No need to bring your tent or camp stove, as you'll choose a cabin for your family to sleep in, and share cooking duties in the large dining lodge. Space is limited - for reservations or more information; please contact Susie Smith @ 503-430-0243. All ages welcome - sorry, no pets.



### STEPHEN MINISTRY:

**Are "Things" In Your Life Getting In The Way** of your being able focus on what is important? Do you need someone to listen to help you find your way back to what is important in life? If so, call the Stephen Ministry Line at 503-924-3055 and a Stephen Leader will return your call and find a Stephen Minister who will listen, care and pray for you as you journey to redefine your life's priorities.

### Holy Trinity Catholic School

Brenda Martinek ~ Principal

[www.htsch.org](http://www.htsch.org) ~ 503.644.5748

Parent's Association ~ Monica Henry 503.641.2706

### **A Few Spots Left:**

We have a few openings in some of our grades for next year. If you are interested in sending your children to Holy Trinity, please fill out the application available online at [www.htsch.org](http://www.htsch.org).

### **Living Stations:**

On Monday, March 29<sup>th</sup> the school will be celebrating the Living Stations of the Cross at 7:00 pm. Our students will be acting out all Stations. If you haven't experienced this through children's eyes, it certainly is something special to witness. Please join us in the church on this evening.

### **The Joy of Giving**

Last week at the end of Mass Holy Trinity students were shown images from the earthquake in Haiti. A representative from Medical Teams International answered questions about the disaster and the organization's response efforts. Erica Beale, along with first grade helpers, presented a check for \$3847.00 that reflected our school's fundraising efforts for the organization. This moment was a culmination of a series of events where our students' lives were touched by the Lord's call to help those in need. From the eighth graders' timely visit to the organization on the day the earthquake hit, to the outpouring of generous donations from school families, this experience has enriched the lives of our students. May the joy they found in giving this day be repeated throughout their lives.

### **8<sup>th</sup> GRADE PANCAKE BREAKFAST**

April 11<sup>th</sup> after all Masses. This fundraiser will go towards the cost of the 8<sup>th</sup> grade camping trip this spring. Please mark your calendars, tickets on sale soon. If you have any questions, please contact Debbie Hernandez 503-466-9456.



## Holy Trinity Faith Formation

### Children's Faith Formation

Preschool 3yrs ~ 5<sup>th</sup> Grade & Sacramental Preparation  
Melissa Core ~ 503.643.9528 ext 200  
melissa@h-t.org

**No Classes** on March 14<sup>th</sup> & 21<sup>st</sup> due to Spring Break and April 4<sup>th</sup> for Easter. Classes will resume on Sunday, April 11<sup>th</sup>.

### Middle & High School Ministry

Middle School 6-8 Grade High School 9-12 Grade  
Confirmation (grades 9-12)  
Erin Nieves ~ 503.643.9528 ext 126  
erin@h-t.org

### **CREATING A CULTURE OF LIFE - "Operation Mongolia"**

In our Social Justice work, we have spent time looking at WHY people suffer and are in need. Our friend Dave has just returned from a trip to Mongolia, where he met a group that needs our friendship and help. Through Dave, we have met the Parish of St. Peter and St. Paul in Ulaanbaatar Mongolia. We have begun a service project to raise money for the young people in their parish. Our teens have decided to do the following:

**Raise Money through a Bake Sale:** Proceeds will be sent to Fr. Herve Kuafa, CICM to fund one of the youth projects. Stay tuned to see what we are able to afford to sponsor!

**Pen-Pal Project:** The young people there need "young witnesses" as they prepare for RCIA and eventual baptism and confirmation in the church.

**Pray:** Fr. Kuafa (whom we have affectionately dubbed Fr. K) has asked us to pray for them. To answer this request, our teens wrote a prayer for our new friends in Mongolia and for ourselves, which we will pray at the beginning of YM each week.

**Prayer Cards:** Watch for it! In the meantime, we invite the parish to help us pray this as we continue this good and holy work. Here is the prayer:

*Heavenly Father, who loves us and created all, we humbly ask you to enrich our souls so we may grow as a Catholic Youth Community in Oregon, in Mongolia, and around the world.  
We pray this through Christ our Lord. Amen+*

**KEEPING LENT HOLY - YM will attend the parish reconciliation service together on Tuesday, March 16, at 7:00 PM in the church.**

### Young Adults

Anna & Gerard DeBlois ~ 503.319.1877  
Anna.kathleen.deblois@gmail.com

Join us for our next Young Adult meeting, Monday, March 15<sup>th</sup> at 7:00pm in the Fireside Room.

Additional young adult activities and retreat opportunities can be found at [www.mcfpx.org](http://www.mcfpx.org)

### Adult Faith Formation

Brett Edmonson ~ 503.643.9528 Ext 125  
Brett@h-t.org

### **This week in RCIA: Marriage and Sexuality**

Come join us as we talk about the vocation of marriage and the wonderful gift of sexual love. We'll meet in the Fireside Room at 6:30 p.m. and finish up by 8. All are welcome!



### **COMMUNITY OUTREACH**

Kathy Brasington ~ 503.641.1842  
Communityoutreach@h-t.org

Tuesday, Wednesday & Friday 10:00-12:30

Holy Trinity Food Closet is an Equal Opportunity Provider.

Today is our quarterly request for donations to the Food Closet. Envelopes for Food Closet donations are in your envelope box. We also have an envelope attached to the Bulletin. Thank you again for your amazing generosity.

We are planning to give a bag of Easter candy and treats to each of our clients with children the week prior to Easter. We would appreciate donations of individually wrapped Easter candy. This will be a special treat for many children.

Our Food Closet is one of the few food pantries that gives personal care items to our clients. We buy shampoo, deodorant, toothpaste, toothbrushes (adult & children's), toilet paper, dish detergent, laundry detergent, and bath soap from the Dollar Tree. Our clients are delighted to get these items. We also like to give the "hotel" size personal care products. Any of these items are greatly appreciated.

We ask any parishioner who is in need of assistance to please call Kathy for a confidential food distribution or other help.

### **Food Needs**

Fruit juice - Crackers - Jam or jelly (16 oz.) - Easter candy (individually wrapped) - Personal care items

## Holy Trinity Faith Formation

### Family Faith Sharing Questions

Reflect on these questions with your children and family. Start talking - Share your Faith!

Fourth Sunday of Lent – Luke 15:1-3, 11-32

When someone hurts us, like the younger brother in this Gospel story, we might feel angry and hurt, like the boy's older brother. We don't feel much like having a party and celebrating. Jesus tells us that when someone hurts us and asks for forgiveness, we should react like the father in this story.

Talk about how you feel when you forgive someone.  
Talk about how you feel when you are forgiven.



### Week of March 14<sup>th</sup>

#### Daily Scripture Readings

Monday 15 Is 65:17-21; Jn 4:43-54  
Tuesday 16 Ez 47:1-9, 12; jn 5:1-16  
Wednesday 17 Is 49:8-15; jn 5:17-30  
Thursday 18 Ex 32: 7-14; Jn 5:31-47  
Friday 19 Solemnity of St. Joseph -  
2 Sm 7:4-5a, 12-14a, 16;  
Rom 4:13, 16-18, 22;  
Mt 1:16, 18-21, 24a  
Saturday 20 Jer 11:18-20; Jn 7:40-53  
Sunday 21 is 43:16-21; Phil 3:8-14; Jn 8:1-11

#### Mass Intentions

Saturday 13 5:30pm  
Sunday 14 8:00am Holy Trinity Parish Family  
9:30am Dell Fawcett  
11:15am +Tito & +Cristita Martinez  
Monday 15 8:15am +Marjorie Frazier  
Tuesday 16 8:15am Fahey Family  
Wednesday 17 8:15am Lee Laughner – Birthday  
Thursday 18 8:15am Fahey Family  
Friday 19 8:15am Rochelle Vreeland

### HT SMALL FAITH COMMUNITIES BLOG

#### **“Disciples on the Mission” is in full swing!**

Congratulations to the 100+ parishioners who are participating in Small Faith Communities for Lent! In addition to our existing SFC's, three new groups were formed and will meet every week during the season of Lent to strengthen their faith through the Gospel and meaningful reflection/fellowship. May all of our participants be blessed with faith and friendship!

Still interested in a Lenten SFC? Contact Ron/Jill White to find out current opportunities.

UPCOMING EVENT... Please plan on attending the Holy Trinity Small Faith Communities Post-Lenten Dinner Potluck! Date and Time TBD so keep watching the blog for updates.

#### **On-going Small Faith Communities (SFC's)**

On-going Small Faith Communities (SFCs) continue to enrich the lives of many at Holy Trinity. Women's Groups, Men's Groups, Mom's Groups, Couple's Groups, Coffee Lovers Groups – we have something for all. For more information on joining a group or starting a new one, contact Ron or Jill White at [smallfaithcommunities@h-t.org](mailto:smallfaithcommunities@h-t.org) or 503-292-2626.

**Men's Group** ~ Chris Gniewosz ~ 503.292.4740  
Every Tuesday, 7am  
IHOP, Beaverton

**Jesus 'n' Java** ~ Jill White ~ 503.799.3115  
Jesus N Java will not be meeting the 1<sup>st</sup> and 3<sup>rd</sup> Mondays at Panera Bread during Lent. Please join us beginning April 19<sup>th</sup> when we resume our regular schedule.

**God's Girls** ~ Janice ~ 503-347-4079  
2<sup>nd</sup> & 4<sup>th</sup> Tuesdays 7 PM  
Fireside Room

#### **Walking With the Spirit**

Libbie Allen ~ 503.816.6498  
Every Sunday during Lent from 11:00am -12:30 pm in Fireside Rm. 4. Please join us and make your Lenten journey special. Call Libbie Allen at 503.816.6498 for more information.

**Just Living** ~ Jill Hertel - [hertelj@juno.com](mailto:hertelj@juno.com)  
3<sup>rd</sup> Thursday 7:00pm  
Panera Bread, Cedar Hills Crossing

## Parish Contact Information

### Parish Office

Office Hours: Monday - Friday 8am-3pm  
parish@h-t.org

### Parish Staff

Pastor: Dave Gutmann Ext. 204  
Pastoral Associate & RCIA: Brett Edmonson Ext. 125  
Administrative Assistant: Melissa Core Ext. 200  
Business Manager: Kenya Palmer Ext. 202  
Bookkeeper: Mary Jo Schlosser Ext. 203

### Faith Formation Staff

Children: Melissa Core Ext 200  
Youth Ministry & Confirmation: Erin Nieves Ext 126  
Administrative Assistant: Marianne Schuman Ext 123

### Leadership Councils

Administrative Council: Doug Whitney  
503.649.4205 admin@h-t.org  
Pastoral Council: Alan Koelling  
503.626.7985 pastoral@h-t.org  
School Council: Shelly Anderson  
schooladvisory@h-t.org

### Parish Finances Budget Year 2008-2009

Offertory Collection February 28 \$20,091  
Weekly goal \$16,981  
"How shall I make a return to the Lord for all  
the good God has done for me?"  
(Psalm 116:1)



### Are you new to Holy Trinity?

We want to welcome you to our community. If you are interested in registering here, please ask one of our Greeters for a New Parishioner Packet or you can download a registration form from our website – [www.h-t.org](http://www.h-t.org). We look forward to celebrating with you.

If you are interested in becoming active in one of our many ministries please contact the coordinator listed for more information or check out the ministry on the website.

Please support the advertisers on the back of our bulletin. It is because of them that our bulletin is printed free of charge every week. Let them know you saw their ad on the bulletin.

### Ministry Coordinators

Altar Ministry	Joyce Brantley	503.644.1790
Altar Server Coordinator	Donna Wills	503.642.2906
Altar Servers Trainer	Jayne Scott	503.645.3966
Community Outreach	Kathy Brasington	503.641.1842
CYO Director	Christian Cochran	503.649.0892
Director of Music	Mark Nieves	510.301.6569
Engaged Encounter	Mike & Nancy Fisher	503.591.7123
Eucharistic Ministers	Bruce Waldvogel	503.356.5760
Filipino Community	Franz & Monette Mallari	503.848.6919
First Friday Exposition	Mike & Reme Prusynski	503.627.3073
Funeral Planning	Ann Hammond	503.292.0590
Funeral Receptions	Linda DiFalco	503.579.3030
Greeter Ministry	Al Schmitt	503.590.6859
Health Ministry	Peg Wills	503.642.2293
Homebound	Mike Kravetz	503.590.7161
Knights of Columbus	Jim Currie	971.563.3381
Liturgical Arts	Shawn Karakas	503.297.3144
Lectors	Vee Porter	503.516.3140
Marriage Encounter	Dan & Tammy Allison	503.642.5591
Newcomers Welcome	Betty Drilling	503.644.8550
Parish Communications	Steve Karakas	503.297.3144
Parish Social Events	Ray & Julia Lions	503.644.4512
Prayer Requests	Melissa Core	503.643.9528
Prayer Shawl Ministry	Linda Dum	503.642.1168
Respect Life	Erin Dibala	503.646.7615
Scrip	Dawn Scheckla	503.649.5336
Senior Luncheon	Kathy Delach	503.614.9724
Small Faith Communities	Ron & Jill White	503.292.2626
Social Justice	Jerry Osacho	503.520.1638
Stephen Ministry	Marilyn Thomas	503.924.3055
Sunday Hospitality	Fred Schulz	503.643.2101
Wedding Coordinator	Melissa Core	503.643.9528
Young Adult Group	Gerard & Anna DeBlois	503.641.0123